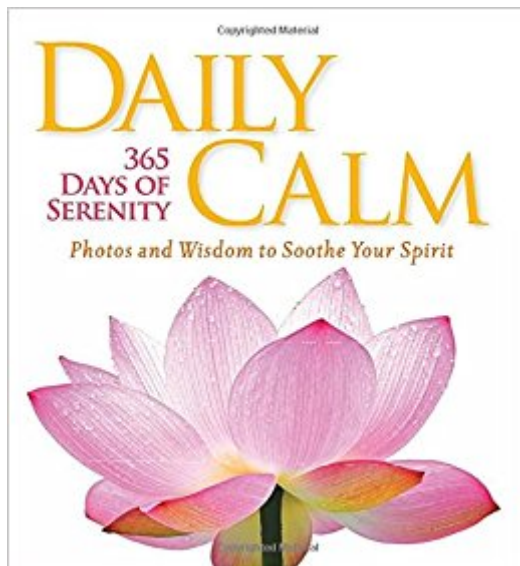


The book was found

Daily Calm: 365 Days Of Serenity



Synopsis

National Geographic's new inspirational book combines meaningful, calming quotations and affirmations with powerful photography--the perfect source for relaxation and meditation. Each page of this elegant guide soothes as it inspires with quotations and images centered on monthly themes: a graceful pathway to a more mindful, beautiful life.

Book Information

Hardcover: 464 pages

Publisher: National Geographic (October 29, 2013)

Language: English

ISBN-10: 1426211694

ISBN-13: 978-1426211690

Product Dimensions: 6.8 x 1.4 x 6.3 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 39 customer reviews

Best Sellers Rank: #278,109 in Books (See Top 100 in Books) #139 in [Books > Arts &](#)

[Photography > Photography & Video > Nature & Wildlife > Landscapes](#) #1175 in [Books > Arts & Photography > Photography & Video > Equipment, Techniques & Reference](#) #1805 in [Books > Health, Fitness & Dieting > Alternative Medicine > Meditation](#)

Customer Reviews

NATIONAL GEOGRAPHIC is one of the world's leading nonfiction publishers, proudly supporting the work of scientists, explorers, photographers, and authors, as well as publishing a diverse list of books that celebrate the world and all that is in it. National Geographic Books creates and distributes print and digital works that inspire, entertain, teach, and give readers access to a world of discovery and possibility on a wide range of nonfiction subjects from animals to travel, cartography to history, fun facts to moving stories. A portion of all National Geographic proceeds is used to fund exploration, conservation, and education through ongoing contributions to the work of the National Geographic Society.

This is my daily serenity and salvation! I have purchased this for my friends to pass along such peaceful thoughts to begin each day. Amazing photography that coordinates beautifully with each passage!

I LOVE, LOVE, LOVE this book. One-line inspirations with beautiful photography. Check out the table of contents to see the topic of each month. I read this daily. This is pure human wisdom, and though I am a Christian believer, I love meditating on the sheer brilliant insight and wisdom of people through the ages.

I came upon this by sheer accident and it is now my go-to gift for friends and family who are going through a rough time. Have yet to have someone not love it or use it. The photographs are stunning. The daily phrases inspiring. It is timeless and reuseable because it is not organized by any particular year, only by month and day. It has a ribbon bookmark so you keep your place. It is a nice way to end your evening with a positive thought and a pretty picture. My only "complaint" is that I wish it wasn't so pink on the binding, to me that makes it a little less appealing as a gift for a man. 's price is also good on this book.

Each year, I trade out my Nat'l Geo books. One year, it's Daily Calm. The next year, it's Daily Gratitude. Nice ways to reflect.

Love this book and bought those copies for friends who also live under gray dark skies in winter.

The book came in the mail with the book cover almost completely torn apart. The photos in the book are very nice; however, the quotes aren't necessarily calming. Sometimes when I read the day's quote, the passage almost seems silly. But not in a funny way. I read it to my 5 year old daughter because it's more on her level.

Beautiful pictures, accompanied by beautiful words and thoughts, give me something to meditate on each day of the year. Each month has its own theme, and all of the quotations for that month support it. The pictures are stunning.

Wonderful little gems of wisdom!

[Download to continue reading...](#)

Daily Calm: 365 Days of Serenity Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Crafting: 365 Days of Crafting: 365 Crafting Patterns for 365 Days (Crafting Books, Crafts, DIY Crafts, Hobbies and Crafts, How to Craft

Projects, Handmade, Holiday Christmas Crafting Ideas) Crochet: 365 Days of Crochet: 365 Crochet Patterns for 365 Days (Crochet, Crochet Patterns, DIY Crochet, Crochet Books, Crochet for Beginners, Crochet Afghans, Crochet Christmas, Holiday Crochet) Knitting: 365 Days of Knitting: 365 Knitting Patterns for 365 Days (Knitting, Knitting Patterns, DIY Knitting, Knitting Books, Knitting for Beginners, Knitting Stitches, Knitting Magazines, Crochet) The Calming Collection - Calm Mom, Calm Dad, Calm Child: Keeping Your Cool With Your Children, Your Family, and Everyone Else in Your Life The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer Serenity: No Power in the 'Verse (Serenity: Firefly Class 03-K64) Serenity: Those Left Behind 2nd Edition (Serenity: Firefly Class 03-K64) Daily Routine: Amazing Morning Routine for Being More Happy, Productive and Healthy (Daily Routine, Daily Rituals, Daily Routine Makeover, Productivity Book 1) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Succulent Serenity, Cactus Calm: A Stress Relieving Coloring Book for Adults Prayer: 365 Days of Prayer for Christian that Bring Calm & Peace (Christian Prayer Book 1) The Must Have 2017 Sudoku Puzzle Book: 365 daily sudoku puzzle book for 2017 sudoku. Sudoku puzzles for every day of the year. 365 Sudoku Games - 5 levels of difficulty (easy to hard) The Daily Book of Art: 365 readings that teach, inspire & entertain (Daily Book series) Escape To Calm Adult Coloring Book Set With 24 Colored Pencils And Pencil Sharpener Included: Color Your Way To Calm Rays of Calm: Relaxation for Teenagers (Calm for Kids) Cross-Stitch to Calm: Stitch and De-Stress with 40 Simple Patterns (Craft To Calm) Underwater Eden: 365 Days (365 Series) Spiritual Refreshment for Women: 365 Days of Inspiration and Encouragement (365 Perpetual Calendars)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)